

# NAAC Peer Team Visit

## Psychology Department Presentation

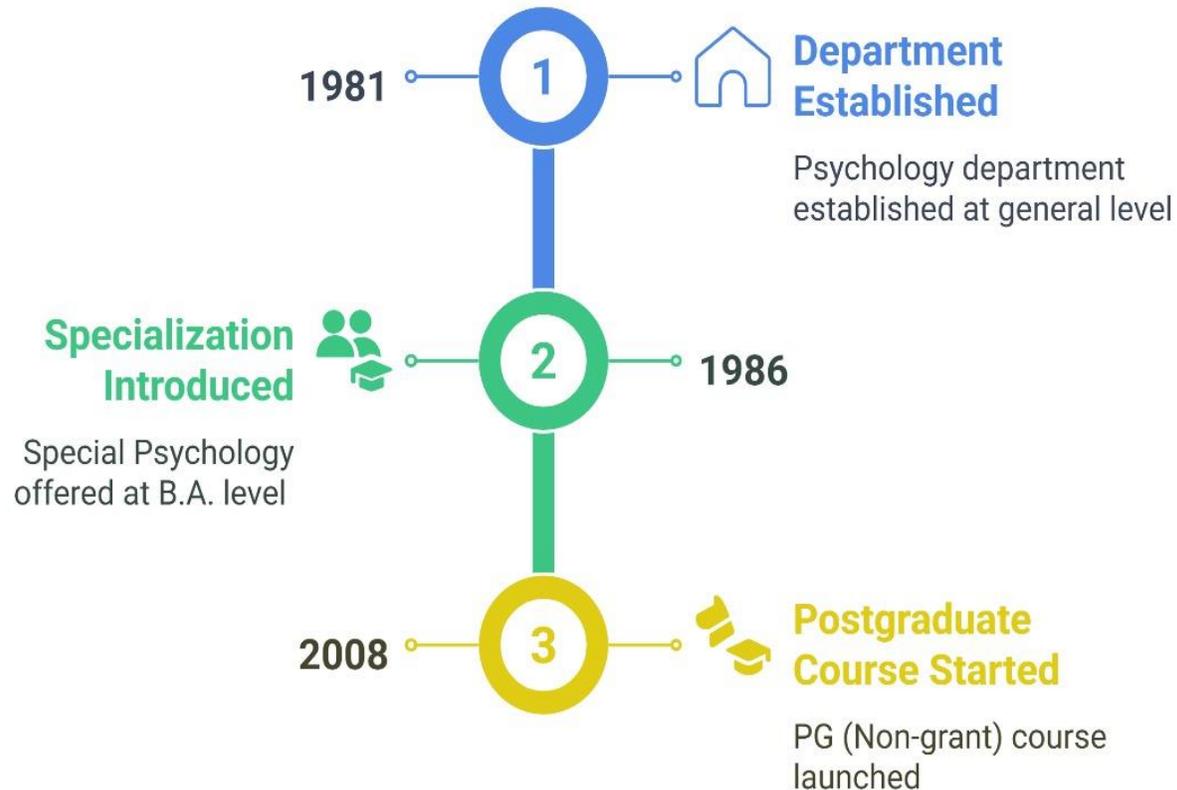
Presenter's Name

Dr. Rajashree Kapure

Assistant Professor & HOD ( Psychology)

Date : 29<sup>th</sup> May 2025

## Key Milestones in Psychology Department Development



Made with Napkin

**Dr R S Kapure (HOD, Asst. Prof.)**  
**26 years of experience Teaching & Research**

**Dr T L Joshi (Asst. Prof.)**  
**13 years of experience**  
Counsellor for Indian Army, J & K

**Ms P.D. Wagh (Asst. Prof.)**  
**6 years of experience**

**Ms A. S. Gatkal-More (Asst. Prof.)**  
**6 years of experience**

**Ms I.A. Joshi (Asst. Prof.)**  
**2 years of experience**

**Ms H.R. Kulkarni (Asst. Prof.)**  
**1 year of experience**

## Faculty's contribution to the society

### Dr. R S Kapure

Invited as a resource person for Pradhyapak Prabodhini ( Octo 22 & Sept 24 ) ,

Faculty Development Programme,( Aug 23 & Octo 24)

Involved in MA Syllabus Framing & restructuring workshops Feb 2020 & June 2021)

Worked As BOS member for Sandip University ( 2022-2023) B.Sc Forensic Science course

Recognized Ph.D. guide at SPPU since Nov 2022 .Paper setter, chairman & moderator for BA & MA courses.

Working as CDC member( 2022-2027) College Discipline Committee member, student grievances , girls counselling cell till date ..

Also involved in many social outreach programme for community awareness like SPA association, APA international affiliate member .

**Dr. T.L Joshi** Obtained Ph.D. degree in April 2024 , Life member of GE Society, Working under various committees such as IQAC, BA admission.

Involved in FYBA syllabus framing , Paper setter, chairman & moderator for B.A .& M.A. courses. 21 clients of Indian Army of J & K has been counselled till date. Psychoeducation module is utilized in 3 schools of Nashik benefitting 300 students.

### Ms Pratima Wagh

Obtained MS ( US ) & MA degree in Yoga 2018 and Cleared NET exam in Psychology & Yoga in 2019

Worked As LIC member in SPPU. Was working as counsellor for Sapat Engineering College (2023-2024), been as a Resource person at FDP of GE society's STA.

### Mrs Archana Gatkal

Delivers sessions on Research Methodology, Western Psychology, Abnormal Psychology outside our campus. Working as a counsellor for TYBA at YCMOU, Nashik. She received the prestigious "**Savitri Gaurav Puraskar**" award from the Bharatiya Patrakar Parishad. Continues contribution of social activities in villages, a tribute to her mother."

### Ms Ira Joshi

Invited to Nursing College for a guest lecture based on Psychological First Aid March 2024. Conducts Classes for German Language Training .

**Ms Harshada Kulkarni** Training & guidance for self defence in Rashtra Sevika Samiti since 5 years. Contributing to Abhiyvkati Media For Development as a research Intern.

Total 20 research papers published & 16 conferences were attended by all the faculty members in this time- span

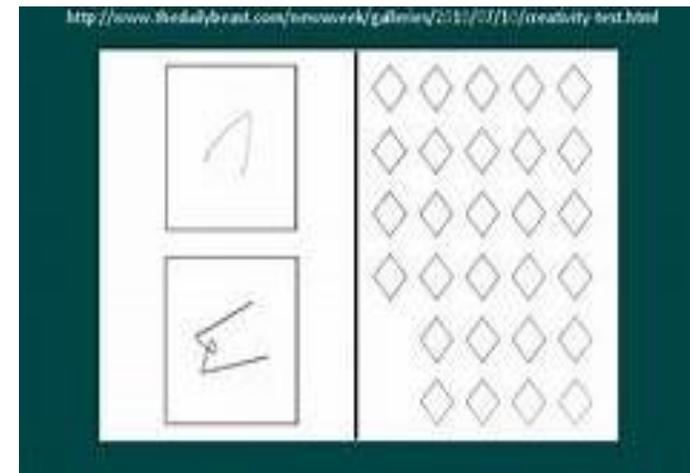
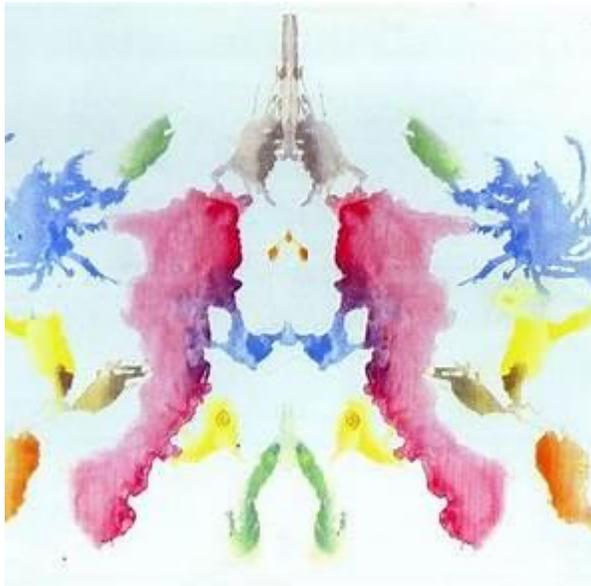
### 1.1.1 Academic calendar planning, implementation of curriculum and assessment

The Institution ensures effective curriculum planning, and delivery through a well Planned and documented process including, Academic calendar and conduct of [continuous Internal Assessment](#).

#### Execution at Dept level is as follows:

- Departmental meeting
- Assignment and distribution of work load
- Departmental and individual time-table
- Preparation of teaching plan
- Execution of teaching plan
- Review by HOD (meetings and assessments)

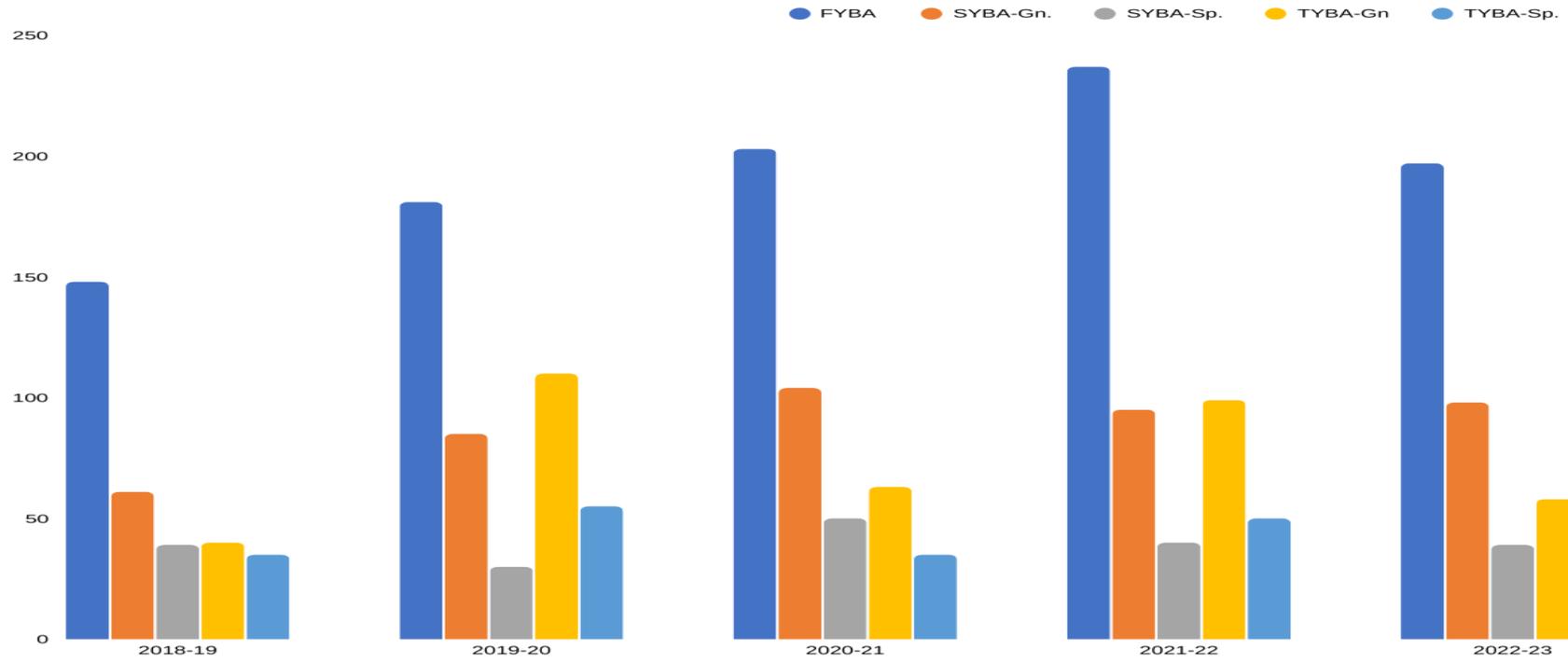
- Department has 2 classrooms with one computer room.
- Departmental library contains 111 reference & reading books.
- Adequate space for conducting practicals UG & PG.
- Dept holds ( 46) standardized psychological tests & (21) instruments.



## Programme/ Courses Offered (2018-2024)

- BA GENERAL & special level  
( CBCS- 2019 pattern
- M.A. (CBCS 2019)
- Extra 1 credit course ( Self  
analysis & Career Advancement  
2022 to 2024)
- M.A. ( NEP PATTERN -2023 )
- BA ( NEP PATTERN ) 2023

# Students enrolment

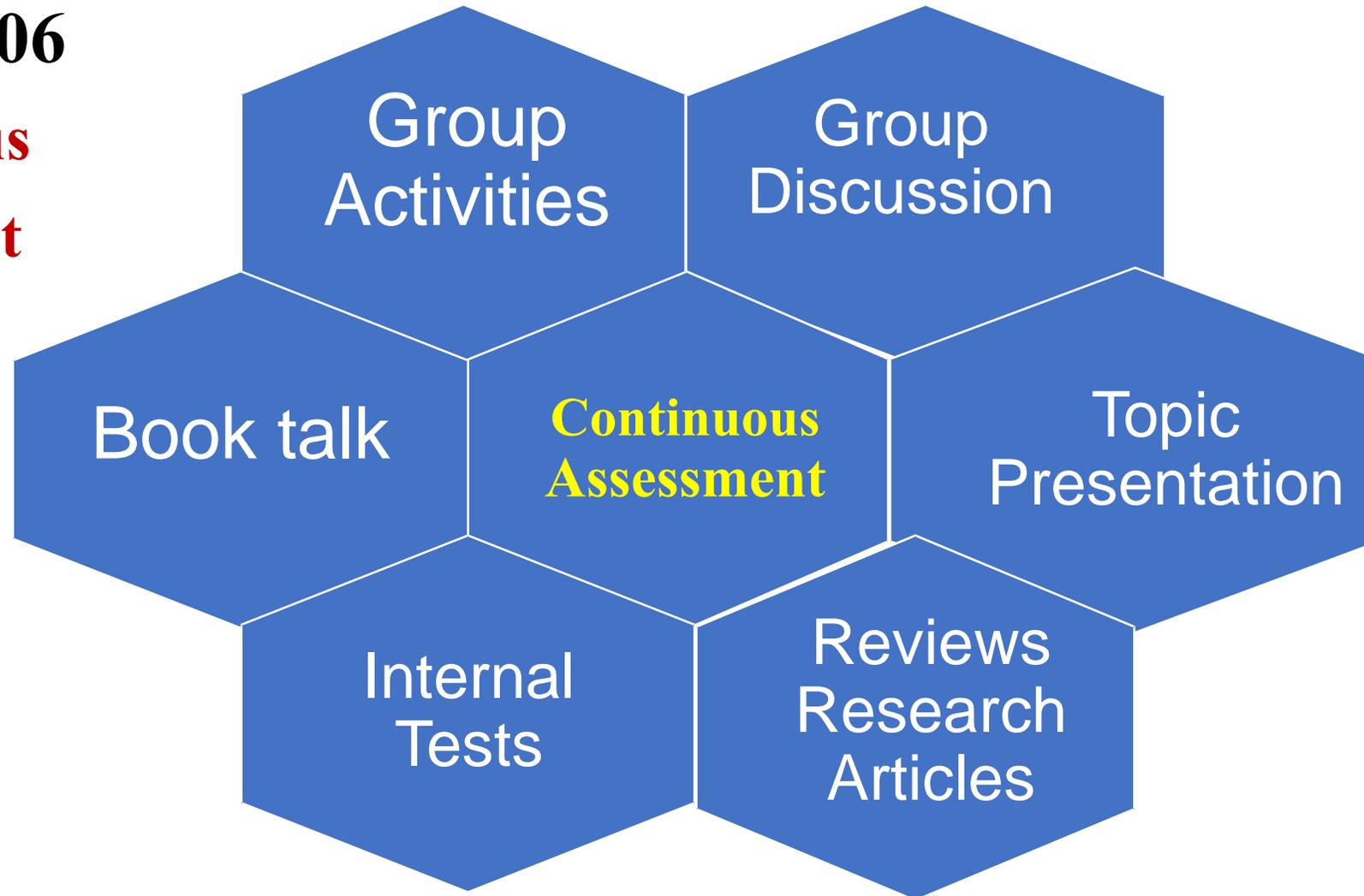


Total students graduated 220

# Evaluation

Methods: 06

**Continuous  
assessment**



## 2.3.1 Student centric methods, such as experiential learning, participative learning and problem solving

Effective teaching and learning process with suitable techniques.

- **Use of ICT- enabled tools**



- **Practical & demonstrations**

Help students to understand core concepts in easy way.

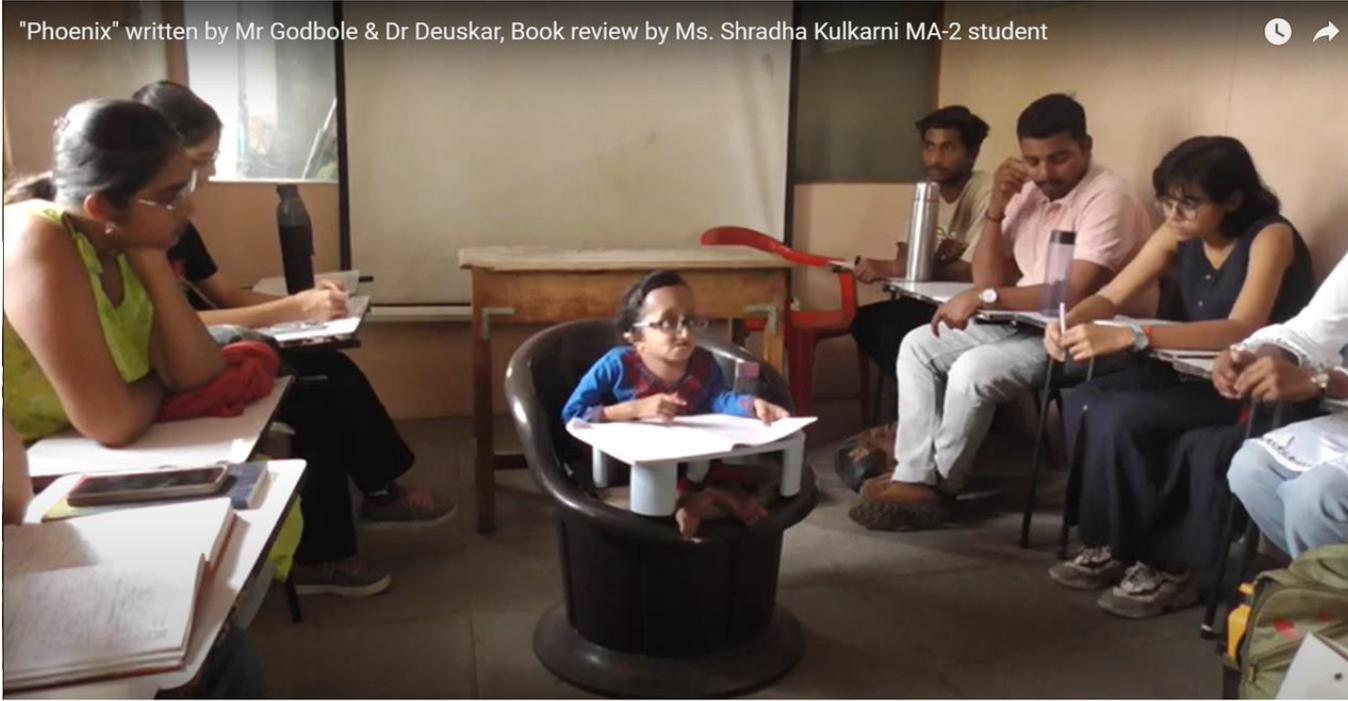
### **Surveys, Case Studies ( 15 clinics / 110 students)**

Conducted on issues based on the life to find out Solutions.

# Group Discussions & Hands on application with Practical demonstrations



"Phoenix" written by Mr Godbole & Dr Deuskar, Book review by Ms. Shradha Kulkarni MA-2 student



## MA-2 Book talk/ book review activity for 10 marks

Tentative Dates for Presentation- 19<sup>th</sup> & 20<sup>th</sup> April, 2024.

Sr. No	Name of the Student	Assigned Book	
1	<u>Kawalnain</u>	The Ultimate Gift	Chapter 1-6
2	Ankush		Chapter 7-10
3	Anushka		Chapter 11-15
4	Ruchi	Games People Play	Pg. No. 64-76
5	<u>Rashi Dewani</u>	Yoga & Mental Health	Pg. No. 103-139
6	Durva	<u>अल्बर्ट एलिस विचार दर्शन</u>	Pg. No. 52-74
7	Vaishnavi		Pg. No. 258-302
8	Shradha Kulkarni	<u>फिनिक्स - डॉ. देऊसकर</u>	
9	Priyanka Parakh	<u>विवेकी पालकत्व</u>	Pg. No.36-42, 99-105
10	Dr. Pawan	As a Man Thinketh	
11	Mrunmayee H.	<u>स्वभाव-विभाव</u>	Pg. No.9-37
12	Srushti J.	<u>मी अल्बर्ट एलिस</u>	Pg. No.229-236; 247- 254
13	Vishal		
14	Yashashree Mahajan	Art of War-	Chapter no 4,5,6
15	Khushali Gangurde	-Dialogue to wellness	p.g13-36
16	Rutuja Dhore	-	
17	Dhanashree C.	<u>Vishad yog</u>	<u>P.g. 108-147</u>
18	Akshata D.	Shant Man Aanandi Jeevan	Pg No. 97 to 124
19	Kshitija N.	<u>इकिगाई</u>	

## Case Studies : MA Practicum Course

Clinical Case studies are taken by the students by visiting Civil Hospital & the registered psychiatrists' clinics of Nashik city with their permissions.  
Case studies are reviewed and discussed on the weekly basis.



# RESULTS

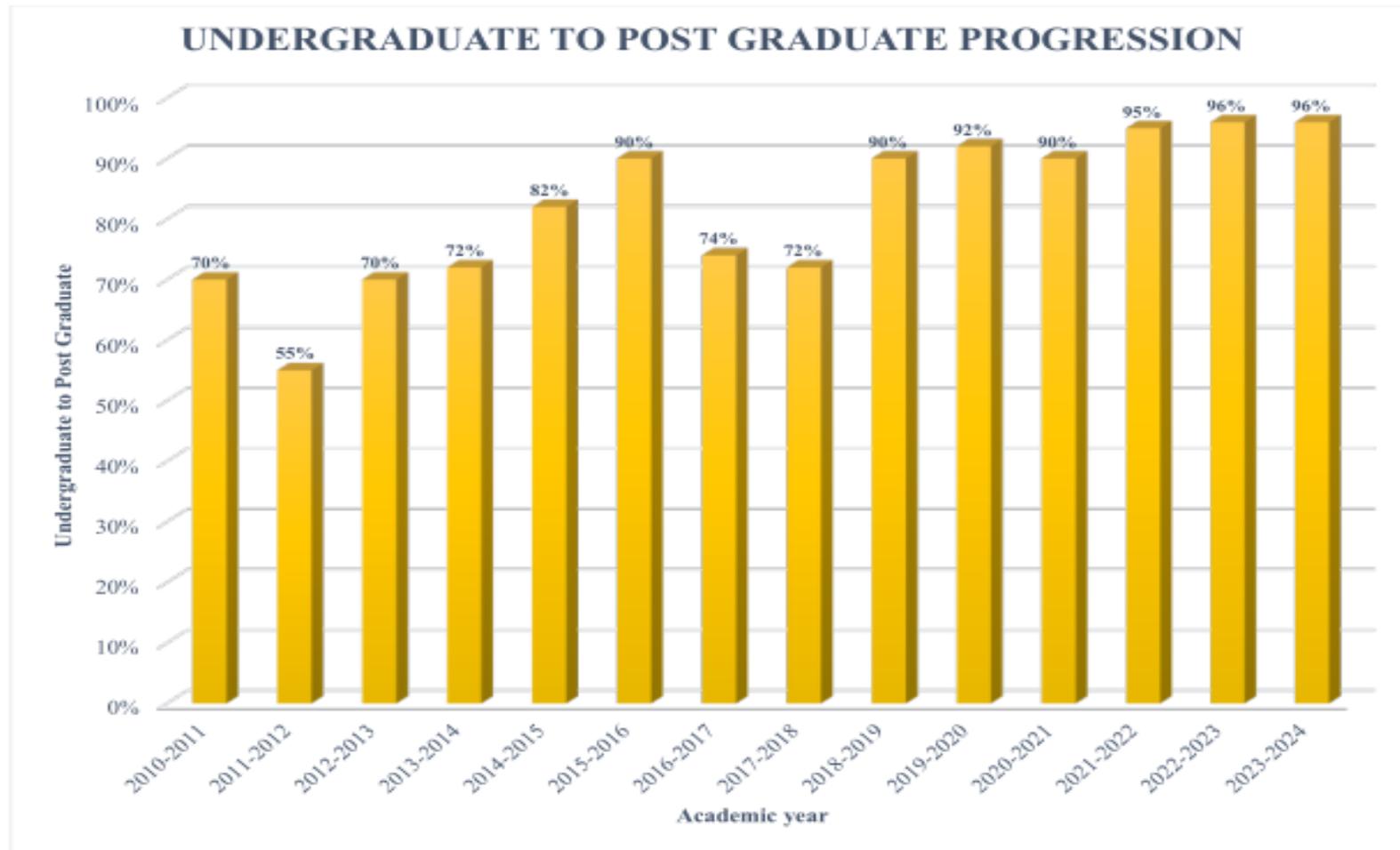
## Grade Analysis of UG

Years/ Grade	O	A+	A	B+	B	C	D	F	Total Students
2018-2019	11	12	02	04	01	-	-	-	30
2019-2020	14	10	08	02	01	01	-	04	40
2020-2021	--	14	07	05	05	-	-	-	31
2021-2022	-	28	14	01	-	-	-	03	46
2022-2023	-	18	18	01	-	-	-	-	37
2023-2024	-	21	18	-	-	-	-	03	42

# RESULTS

## Grade Analysis of PG

Years/ Grade	O	A+	A	B+	B	C	D	F	Total Students
2018-2019	07	02	03	03	02	-	-	-	17
2019-2020	09	03	04	03	-	-	-	-	19
2020-2021	04	11	5	01	01	01	-	-	23
2021-2022	-	14	03	02	-	-	-	-	19
2022-2023	-	05	10	05	-	-	-	01	21
2023-2024	-	10	11	-	-	-	-	-	21



90 % students go for higher studies.

## Students' Achievements

**Our Rank Holders Total =15 from 2018 -2024 = 8**

NAME	Class	Rank with Year
Sharavari Ashtaputre	BA	4th
Ummaima Mithaiwala	MA	4th
Anushka Saraf	MA	1st
Piyushee Mukerjee	MA	1st
Sujata Majumdar	MA	6th
Hanuman Hade	MA	7th
Preeti Gothi	BA & MA	1st & 5th

## 1.3.1 Cross cutting issues (ref. gender, values transaction)

- Dept absorbs students with various geographical areas ( city & state) and from various Boards such as CBSE, ICSE , SSC at senior college levels.  
At every year few physically challenging students takes admission in the college.
- **Mental health awareness is one major objective of our department. In light of this we** Arrange workshops and celebrate days.
- To support the students Dept. organizes orientation programmes for FYBA & MA entrants.

# World Mental Health Day

On the Occasion of  
**World Mental Health Day**

DEPARTMENT OF PSYCHOLOGY,  
H.P.T ARTS & R.YK. SCIENCE COLLEGE,  
IS ORGANIZING  
Interactive Webinar on



**Dr. Jayant Dhake**

**Resilience,  
Kindness & Longevity**



Date: 9th October, 2020  
Time: 6.00pm

**Open to all**  
Google meet link:  
<https://meet.google.com/vtp-yifp-edd>



On the Occasion of  
**World Mental Health Day**

Department of Psychology,  
H.P.T Arts & R.YK. Science College,  
is organizing

**“An interactive session  
on the topic-  
Youth and various  
addictions & coping  
strategies**



A screenshot of a Zoom meeting interface. On the left, a shared slide displays information about a webinar: "ANT INTELLIGENCE, THEIR MEDICINAL VALUE AND HEALTH" by Dr. Kumar Vinod C. Gosavi, Department of Botany, G. E. Society's H.P.T. Arts and R.Y.K. Science College, Nashik-05. The slide also features logos of the organizing institutions and a pink flower. On the right, a grid of participants is visible, including Dr. Rajashree Kapure, Aayushi nagdev, Shrishti, Priya Belhekar, Bansari Gohel, Neha Somani, Jinal, Komal, Khushi Dubey, Surbhi Kelkar, Srushti Siddhapure, and Madhura. The Zoom control bar at the bottom shows 37 participants, chat, share screen, and recording options.

## Workshops ( Covering Gender sensitization & third gender concerns (LGBTQ) community developing awareness)



# Participative learning (Field visits & exposure to Mental Health World)

## Field Visit:



## Chaitanya Mental Health Center, Pune

80 students  
participation



## Prabodhini School Vist

# Experiential learning and other activities

- Participative learning includes collaborative tasks where learners engage actively in discussions, group projects, debates, and peer instruction.
- Department offers various avenues/platforms to our students for participative learning. Research paper presentations & Attending conferences.

Master' students participate in SPPU Avishkar research competition & present their research projects/ models.  
(Ayushi Nagdeo MA-Dec2022)

- 8 students till now in Avishkar Research Competition !!

## BODY DYSMORPHIA AND ANXIETY IN ADOLESCENTS AND ADULTS

**ABSTRACT**

Body dysmorphia is a mental disorder which includes disorders like anxiety & OCD, mostly the age groups that get affected are the adolescents i.e., teenagers because it is an onset of puberty it affects 1.7-2.4% of the population.

In this research, quantitative research and convenience sampling method was used using two different tests (BDD-YBOCS & BAI).

A comparative study was made based on the expected results that compare two disorders, for BDD and Anxiety of age group difference from 13-19 & 25-30 years.

It is expected that adolescents may have high BDD symptoms & Anxiety levels as compared to adults as they focus more on the physical appearance.

This research aims to focus on creating awareness about the mental disorders such as BDD, Anxiety in younger population, to highlight the strength of such issues and their impact in both physical and psychological way.

**KEYWORDS:** Body dysmorphia (BDD), anxiety, adolescents and adults.



**INTRODUCTION**

**BODY DYSMORPHIA:**

- Body dysmorphia is a mental health condition where a person spends a lot of time worrying about flaws in their appearance.
- It is commonly observed that human body undergoes development and growth that leads to changes in the body which is sometimes hard to cope with and creates a perplexity of perceived flaw.

**ANXIETY:**

- Anxiety is one's body's natural response to stress. It's a feeling of fear or apprehension about what's to come.
- Adolescents and adults easily get triggered by stressful events which leads to anxious behaviors, such as sweating, heavy breaths, trembling, sense of impending danger, panic, restless etc. i.e., the ultimate outcome of the fearful thoughts.
- For example, going to a job interview or giving a speech on the first day of school may cause some people to feel afraid and nervous.

**OBJECTIVES**

- To study the body dysmorphia and anxiety in adolescents and adults.
- To study the comparison between adolescents and adults on body dysmorphia.
- To study the comparison between adolescents and adults on anxiety.
- To study the relation between anxiety and body dysmorphia in adults.
- To study the relation between anxiety and body dysmorphia in adolescents.

**HYPOTHESIS**

- There is a positive relation between body dysmorphia and anxiety in adults.
- There is a positive relation between body dysmorphia and anxiety in adolescents.
- There's a significant difference in body dysmorphia between adolescents and adults.
- There's a significant difference in anxiety between adolescents and adult.

**METHODS AND MATERIALS**

- The Data was collected by convenient and snow ball sampling technique.
- Psychological Assessment Tools used are -
  1. BAI(Beck's Anxiety Inventory) developed in 1988 published and revised in 1993.
  2. BDD - YBOCS (Yale-Brown Obsessive-Compulsive Scale Modified for Body Dysmorphic Disorder) developed in 1977.
- The age group for targeting sample is -
  1. From 13 years to 19 years (i.e., adolescents)
  2. And 25 years to 30 years (i.e., adults).

**RESULTS**

It was interpreted that the value of "r" i.e., the correlation value of body dysmorphia and anxiety for adolescents & adults is 0.95 & 0.97 respectively significant at the level of 0.05 which is interpreted as strong positive correlation.

The value of "t" for body dysmorphia of adolescents and adults is 2.276 and 2.168 respectively significant at 0.05 level which interprets a difference between the level of body dysmorphia which is observed to be higher for adolescents.

The value of "t" for anxiety of adolescents and adults is 2.793 and 3.186 significant at 0.05 level which interprets a difference between the level of anxiety which is observed to be higher for adults.

**Table 1 - Correlation**

Group	N	Mean	Standard deviation	Value of "r"
BDD	30	25.96	16.58	0.955
Anxiety	30	29.56	17.37	
BDD	30	19.2	17.37	0.978
Anxiety	30	20.7	15.23	

**Table 2 - "t" Score**

Group	N	Mean	Standard deviation	"t" Score
BDD (adolescents)	30	25.96	16.31	2.276
BDD (adults)	30	19.2	17.08	2.168
Anxiety (adolescents)	30	29.56	17.37	2.793
Anxiety (adults)	30	20.7	15.23	3.186

**CONCLUSIONS**

- Based on the calculations and data collection there is a positive correlation between body dysmorphia and anxiety based on the value of "r" i.e., 0.95 and 0.97 respectively.
- And there is a difference between body dysmorphia and anxiety in adolescents and adults interpreted on the basis of t scores i.e., for BDD in adolescents and adults is 2.276 and 2.168 respectively, same as for Anxiety in adolescents and adults is 2.793 and 3.186 respectively.
- Hence as per the results the Hypothesis are proven.

**APPLICATIONS**

- The research can be used for creating awareness about mental disorders such as body dysmorphia and anxiety in younger and adult population and to highlight the strength of such issues and their impact in both physical and psychological way.
- The research also targets the early symptoms or deviant behaviors of adolescents and adult age group pertaining to stress and body flaws which can be further investigated on a larger scale for providing suitable treatments and therapies.
- The research can be further used to investigate the psychological assessment tools and their properties that can help in suggesting more suitable changes or evolution of new reliable and valid psychological assessment tools.

**REFERENCES**

- American Psychiatric Association.
- Diagnostic and statistical manual of mental disorders (DSM-IV). Washington, DC: American Psychiatric Association; 1994.



# Competitions & workshops



## 'एलजीबीटीक्यू'च्या भावनांना वाट

अश्विनी भालेराव, कॉलेज क्लब रिपोर्टर



### एचपीटी कॉलेजमध्ये परिसंवादाचे आयोजन

ट्रान्सजेंडर-समलिंगी यासारख्या वर्गातील माणसांना समाजाने सन्मानाने वागवावे. त्यांनाही संविधानाने समाजातील एक घटक मानले आहे. समाजाने या वर्गातील व्यक्तींनाही सुरक्षा, प्रतिष्ठा आणि सन्मान द्यावा असा सूर एचपीटी आर्ट्स कॉलेजच्या मानसशास्त्र विभागाच्या वतीने आयोजित परिसंवादातून व्यक्त झाला. एचपीटी कॉलेज, मानसशास्त्र विभाग आणि मुंबई येथील भरिवाला हेल्थ इनिशिएटिव्ह या संस्थेच्या वतीने या उपक्रमाचे आयोजन करण्यात आले होते.

'एलजीबीटीक्यू' या वर्गात लेम्बियन, गे, वाय सेक्शुअल, ट्रान्सजेंडर आणि क्वीर या समूहांचा समावेश आहे. या समूहांच्या विश्वातील समस्यांची कोडी

सांख्यिक व्यासपीठावर फ्रेडप्याचा भाडोसी प्रयोग या परिसंवादाच्या निमित्ताने झाला. या व्यक्तींच्या राहणीमानावरून समाजाकडून त्यांना मिळणारी प्रतिक्रिया अनेकदा बरोबरी अथवा सन्मानाची नसते. या व्यक्तींनाही सामान्य माणसाप्रमाणे समजून घ्यायला हवे, असे आवाहन चर्चासत्रात सहभागी मार्गदर्शकांनी केले. यामध्ये श्रुती

चक्रवर्ती व पूजा नायर यांनी परिसंवादात एलजीबीटीक्यू कम्युनिटीव्हल असलेले गैरसमज व लहान वयापासूनच अशा व्यक्तींना समाजाने न स्वीकारल्याने एक साचेबद्ध वातावरणात मनविरुद्ध जगतात. या व्यक्तींना वर्षानुवर्षे समाजाने स्वीकारले तर नाहीच पण अंभनांमल म्हणून दबाव टाकला तर व्यक्तींच्या मानसिकतेवर नकारात्मक परिणाम होतो, या मुद्द्यावर परिसंवादात चर्चा झाली. सामान्य व्यक्ती एका सुरक्षित आणि

योग्य अशा वातावरणात जीवन जगत असतो परंतु आपल्याबरोबरच या समाजाचा भाग असलेल्या हे लोक सामाजिक, भावनिक, आर्थिकरित्या समाजाने न स्वीकारल्याने वंचित राहतात, या मुद्द्याकडेही परिसंवाद लक्ष वेधण्यात आले. या प्रसंगी मानसशास्त्र विभागाच्या प्रमुख डॉ. राजेशी कापुरे, आदी उपस्थित होते.

# Our students outside the campus

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Till 2023 8 students as NCC cadets from the Dept.

Students shine at state & national competitions



Represented SPPU at the Zonal level competition, Ahmedabad, 2025.  
 Performed at the grand inauguration of Nita Mukesh Ambani Cultural Centre (NMACC), Mumbai, 2023.



Performed at the grand inauguration of Nita Mukesh Ambani Cultural Centre (NMACC), Mumbai, 2023.

**Success beyond College**  
 Represented Savitribai Phule Pune University at the Zonal level competition by Association of Indian Universities (AIU), Delhi. Stood 3rd and got selected for the National level, 2024.



**पी.ए.यू. में आयोजित 37वें राष्ट्रीय युवा मेले के दूसरे दिन क्लासिकल डांस की रही प्रस्तुति**

लुधियाना, 29 मार्च (मिन्): पी.ए.यू. में आयोजित 37वें राष्ट्रीय युवा मेले के दूसरे दिन क्लासिकल डांस, एकल नाटक, समूह गायन (भारतीय), शास्त्रीय वाद्ययंत्र वादन और कलात्मक श्रृंगारों जैसे कोलाज मेंकिंग, पोस्टर मेकिंग, ब्रेन मांडरिंग और किंग प्रतियोगिताएं आयोजित की गईं। विभिन्न स्थानों पर आयोजित रहीं प्रतियोगिताओं के समारोह में मुख्यतिथि पंचाब मिल्सफ्रेड के निदेशक और पी.ए.यू. के पूर्व छात्र श्री कमल कुमार गर्ग, आई.ए.एस. पृष्ठे हुए थे। 120 यूनिवर्सिटीयों के छात्रों ने अपनी प्रतिभा को प्रेषित किया।

पी.ए.यू. में राष्ट्रीय युवा मेले में परफॉर्म करते हुए छात्र। (कला)

Got featured in Ludhiana's newspaper for participating in the competition by AIU, 2024

**दिव्य मराठी विश्व • निवेदन स्पर्धेत प्रथमतः अजोडून, जगमरातून २२३ स्पर्धकांचा सहभाग**

**विश्व निवेदन स्पर्धेत नाशिकचा कल्पेश विजेता**

दिनांक: ३० डिसेंबर, रविवार १२:१५ वा. भरत नाटा मंदिर, पुणे

देशीय स्तरावरील वैभव प्रभुषा

परिचयकारिता परीक्षा

अभ्युक्त कल्पेश अर्जुनराव देशपांडे यांनी निवेदन स्पर्धेत प्रथम क्रमांक मिळवून घेतला आहे।

कल्पेश अर्जुनराव देशपांडे यांनी निवेदन स्पर्धेत प्रथम क्रमांक मिळवून घेतला आहे।

अशी देखी स्पर्धा

**स्वचरुंधर्व सुधीर फडके**

WRITTEN - DIRECTED BY YOGESH DESHPANDE

१ मे पासून चित्रपटगृहात

**OFFICIAL TRAILER**

## Orientation of NEP Syllabus & assessment

- NEP Syllabus Orientation is conducted for the students.
- Faculty members have actively participated in the NEP based conferences and have presented and published various research papers on the same.
- Students' induction programme was organized at dept. level to fill in the gap of previous education pattern and New education Policy.
- Students have been motivated to engage and adapt with the NEP.

# NEP Awareness ( Bridge courses & Orientation programme)



# Our Best Practice

Ankur Psycho fest  
(15 yrs)

A decade's journey  
from Quest to Solution



# Personality Development and Analysis



# POs & Cos effective Implementation & outcome



Gokhale Education Society's  
**H.P.T. ARTS & R.Y.K. SCIENCE COLLEGE, NASHIK**  
**Department of Psychology**



## Department of Psychology

**Program Outcomes:** POs are statements that describe what the students graduating from any of the educational programs should be able to do.

- P.O.1 Basic understanding of psychology subject and its application for oneself and to others.
- P.O.2 Relate one's knowledge with day to day learning and personal as well as professional level..
- P.O.3 Analysis of behavioral and psychological issues and its impact on one's psychological and emotional health.
- P.O.4 Understanding of various psychological disorders, their symptoms and various treatments to cure them.

## Program Specific Outcomes:

- PSO1: Tackle the present problems at individual and group as well as at interpersonal level.
- PSO2: Try to disseminate and implement ones' knowledge for various adjustment levels and stages.
- PSO3: Pursue research in social and psychological fields for better understanding.

## Course Outcomes:

- CO 1: Differentiate among the normal and abnormal behavior of human beings
- CO 2: Apply theoretical knowledge to personal life and keep one's optimistic thinking and positive lifestyle.
- CO3: Maintain one's physical and psychological health by using typical psychology techniques and adapt with health lifestyle.
- CO4: Using various skills of learning, memory, reasoning, problem solving for academic and other purposes.
- CO5: Apply various motivational and emotional theories to day to day life for better adjustment.
- CO6: Through knowledge about various psychological disorders and insight about different treatments.
- CO7: Practical experience for case study and clinical interview as well as diagnosis of disorders.
- CO8: Understanding of positive and negative emotions and their impact on human life.

## 2.5.2 Skills & Competency Assessment

Sr. No.	Class	Subject	Academic Activity	Skill/Competency
1	T.Y.B.A. Special Course	Scientific Research and Experimental Psychology	Conducting a research project on a minimum sample size of 30.	Application of theoretical concepts in testing and research
2	M.A. II	Psychotherapies	Conducting therapy sessions on a pseudo client	Empathy, client centric approach, professionalism

UG & PG course as an example

SAVITRIBAI PHULE PUNE UNIVERSITY

TYBA Psychology Syllabus

From the academic year 2021-22

Outcome Based Syllabus

**DSE 1 C (3): PSYCHOLOGICAL TESTING (THEORY) + (1) TESTING PROJECT**

After completing the course, student should be able to:

**CO1:** Describe the concept of psychological test, reliability, validity, and norms.

**CO2:** Classify and categorize psychological tests, reliability- validity-norms

types. **CO3:** Identify the reliability and validity of psychological tests,

**CO4:** Evaluate the types of norms.

**CO5:** Conduct testing project for behaviour analysis.

**UNIT-1: INTRODUCTION OF PSYCHOLOGICAL TESTS**

1.1: What is psychological test? History

1.2: Classification, characteristics

1.3: Steps in test construction

1.4: Ethical issues in test construction

**UNIT-2: RELIABILITY OF TESTS**

2.1: Reliability: Meaning, true score estimation

2.2: Types: Test-retest, Split-half, Parallel-form and Scorer reliability

2.3: Standard error of measurement

2.4: Reliability- Influencing factors and improvement techniques

**UNIT-3: VALIDITY OF TESTS**

3.1: Validity: Meaning,

3.2: Types: Content, criterion, and construct

3.3: Convergent and discriminant validity

3.4: Validity: Statistical calculation method

**UNIT-4: NORMS**

4.1: Meaning of norms, Norm-referencing and Criterion-referencing tests

4.2: Types of norms: Age, grade, percentile and standard-score norms

4.3: Injunctive norms, descriptive norms, consensus norms, critical norms

4.4: Reciprocity norms, social-responsibility norms, situational norms

**FOR 1 CREDIT: GROUP TESTING:**

1. For group testing, a small sample (n=30 at least) should be taken.

2. Any one standardized psychological test should be administered to the sample.

3. Responses should be scored as per the instructions given in the manual.

4. Report for group testing should be structured as follows:

a. Purpose of the group testing

b. Description of the test, e.g. author, psychometric properties, uses of test.

c. Tabular presentation of scores and results

d. Qualitative analysis, if applicable

e. Interpretation at group level

f. Any other relevant finding

g. Conclusion

h. References

Gokhale Education Society's HPT Arts & RYK Science College, Nasik

TYBA- Mid Semester Examination- NOV 2022

Subject: Discipline Specific Elective (Psychology) – DSE 1 C (3)

Paper Title : Psychological testing ( theory)

Date: 1/12/2022 Thursday Time- 45 min.

Max. Marks- 20

Q.1)- Attempt the following. (Any 1) –

10 Marks

1) Define Psychological test and describe in detail various classification in psychological tests. CO-1

मानसशास्त्रीय चाचणीची व्याख्या लिहा. मानसशास्त्रीय चाचणीच्या विविध वर्गीकरणाची विस्तृत माहिती लिहा.

2) What is the meaning of reliability? Explain with suitable examples any two types of reliability. CO-1,2

विश्वसनीयता म्हणजे काय? विश्वसनीयतेचे कोणतेही दोन प्रकार सुयोग्य उदाहरणासहीत स्पष्ट करा.

Q.2) Q.2-Attempt the following ( Any 2)

10 Marks

1) History of psychological tests मानसशास्त्राचा इतिहास CO-1

2) Objectivity in testing चाचणीची वस्तुनिष्ठता CO-1

3) Norms मानदंड / मानके CO-1,4

4) Internal consistency of test चाचणीची अंतर्गत स्थिरता CO-2

HPT Arts and RYK Science College Nashik-05

Department of Psychology

TYBA (Sem-V 2022-23)

Core Paper- DSE-1C(3) Psychological Testing-(Theory) + Testing Project

HPT Arts and RYK Science College Nashik-05							Department of Psychology																																			
TYBA (Sem-V 2022-23)							Core Paper- DSE-1C(3) Psychological Testing-(Theory) + Testing Project																																			
Sr. no	Seat No	Name of the Student	Gender	CO-1,2,4 Class Test (20 Marks) (12)	CO-5 Group Testing (10 marks) (6)	Internal Marks (Out of 30) (18)	Sr. no	Seat No	Name of the Student	Gender	CO-1,2,4 Class Test (20 Marks) (12)	CO-5 Group Testing (10 marks) (6)	Internal Marks (Out of 30) (18)																													
1	3	Adhav Kalpak Uttam	M	11	6	17	26	197	Salsingkar Akshada Deepak	F	11	8	19																													
2	22	Batra Ananya Pardeep	F	13	7	20	27	202	Sambhare Gauri Prafulla	F	12	8	20																													
3	29	Bhavika Krishna Rao	F	13	8	21	28	211	Shah Deshna Manish	F	12	8	20																													
4	31	Bodani Bhoomika Mahesh	F	17	9	26	29	212	Shah Sejal Jitendra	F	13	8	21																													
5	38	Chandwadkar Snehal Girish	F	11	5	16	30	217	Shinde Ankit Satish	M	12	8	20																													
6	49	Dhumase Atharva Bajirao	M	15	8	23	31	224	Shirsat Sameep Sanjay	M	15	9	24																													
7	50	Dingar Manisha Rajendra	F	15	8	23	32	238	Thakar Ishika Rakesh	F	4	8	12																													
8	55	Gaikwad Nikita Manesh	F	6	6	12	33	239	Thakurdas Amogh Santosh	M	10	6	16																													
9	72	Ghugre Pranav Subhash	M	8	6	14	34	240	Therani Priyanka Ghansham	F	11	6	17																													
10	73	Ghule Tejaswini Balaji	F	7	6	13	35	244	Tiwari Prerana Mahesh	F	12	6	18																													
11	84	Iqbalali Rukayya Iqbalali	F	7	6	13	36	245	Tribhuvan Enoch Shekhar	M	11	7	18																													
12	109	Kala Sakshi Sanjay	F	14	8	22	37	264	Tidke Harshada Dilip	F	5	8	13																													
13	126	Khairi Swaraj Yogesh	M	3	9	12	<table border="1"> <thead> <tr> <th>Mapping</th> <th>Points on scale of 3</th> <th>Avg</th> <th>5.08</th> <th>13.21</th> <th>23.82</th> </tr> </thead> <tbody> <tr> <td>Not Aligned</td> <td>0-0.75</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Partially Aligned</td> <td>0.75-1</td> <td>Criteria (60%)</td> <td>9</td> <td>6</td> <td>6</td> </tr> <tr> <td>Mostly Aligned</td> <td>1.00 - 2.00</td> <td>Scale 3</td> <td>1.17</td> <td>0.7</td> <td>0.7</td> </tr> <tr> <td>Fully Aligned</td> <td>2.00 - 3.00</td> <td>Mapping</td> <td>Mostly Aligned</td> <td>Not Aligned</td> <td>Not Aligned</td> </tr> </tbody> </table>						Mapping	Points on scale of 3	Avg	5.08	13.21	23.82	Not Aligned	0-0.75					Partially Aligned	0.75-1	Criteria (60%)	9	6	6	Mostly Aligned	1.00 - 2.00	Scale 3	1.17	0.7	0.7	Fully Aligned	2.00 - 3.00	Mapping	Mostly Aligned	Not Aligned	Not Aligned
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14	127	Khairnar Gitika Subhash	F	12	6	18																																				
15	144	Mali Ashiti Sanjay	F	3	9	12																																				
16	150	Merchant Amatullah Zohb	F	14	8	22																																				
17	158	Narse Nabha Dhananjay	F	16	9	25																																				
18	168	Parida Nikita Sanjay	F	13	7	20																																				
19	170	Patil Devika Ganesh	F	16	8	24																																				
20	174	Patil Vaishnavi Chandrakant	F	12	6	18																																				
21	179	Pawar Tina Ajay	F	13	7	20																																				
22	181	Pawle Prathna Ram Kumar	F	16	8	24																																				
23	186	Rajole Manasi Madhukar	F	3	9	12																																				
24	191	Risbud Shatakshi Hemant	F	7	6	13																																				
25	194	Sakhardande Aarya Narendra	F	8	7	15																																				
							Action Taken/Suggestions • Teacher can continue to use the same methodology • Students can be motivated to practice real life situations. • Teacher can continue with skill-oriented approach in the classroom.																																			

*Blupure*



# 8 MOUs with organizations & association with 15 psychiatrists Recruitments



**Prabodhini Trust**  
प्रबोधिनी ट्रस्ट

**IAITANYA PSYCHOLO  
TUDY CENTR**

No: MH-23-0000568

M: 98



**Abhivyakti**  
Media for Development



Estd. 1990



**Progenity**  
fertility



# Professional Roles in Psychology and Education



## Our Physically Challenged Students & their achievements



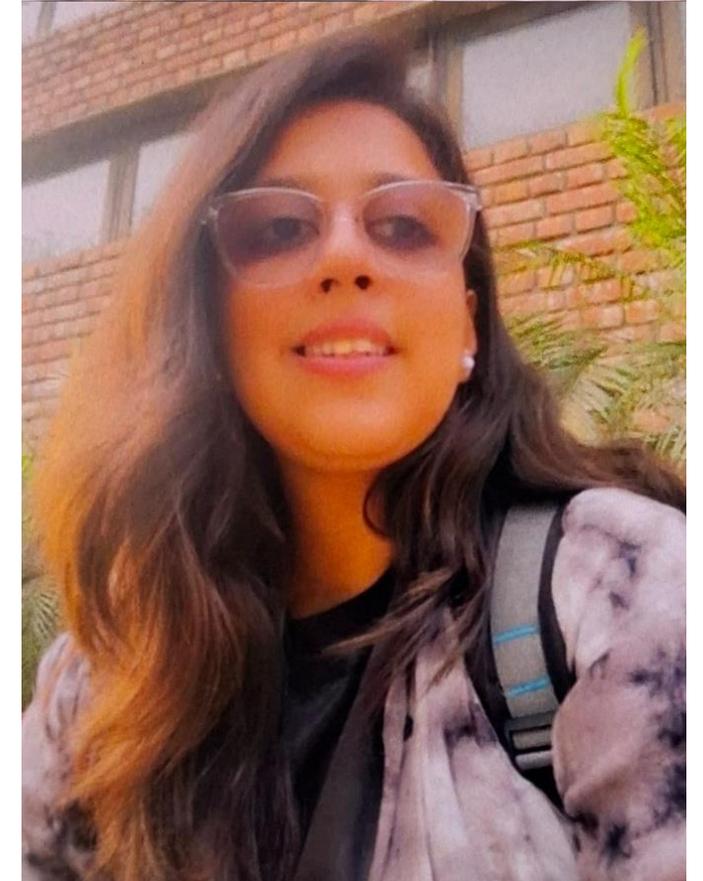
**Ms. Shradha Kulkarni (2019 - 2024)**

- 7 years(Jr.college to Masters degree)
- Further education
- Additional skills
- Counselor's Job



**Ms. Ananya Batra (2020 - 2023)**

**Won gold medal in 10m pistol in Paralympics 2020-21  
Doing Master's from TISS**



**Ms. Divya Wankhede (2016-2018)**

**PhD. Psychology (JRF Scholar) -  
Lovely Professional University**

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**Ms Piyushee Mukerji**

**(Gold Medalist & LGBTQ Counsellor)**

**The department of Psychology at HPT Arts and RYK Science College** is quite a humble place for some of the brightest professors and students in the field.

The department has made many ideas inclusive under the guidance and leadership of **Dr. Rajashree Kapure**. I personally remember ma'am as someone who always kept her word, whether it was for providing opportunities or accommodating ideas of students. Always supportive and ever enthusiastic in her approach in leadership.

**Dr. Tanmay Joshi**, with an outstandingly meticulous, patient and ethical approach, has been someone I have looked up to, to learn and persevere year after year. His optimism is infectious, his methodologies are modern, and his faith in his students is unshakable. It is a privilege to find 'Gurus' like them!

# Feedback from students

I learned about research methodology in B.A. and M.A. as well. The subject involved research methods and an overall conceptual understanding of research.

While I did my qualitative research on 'Pet Parenting and Psychological well-being' in M.A., my guide teachers appreciated and they also supported the idea and believed in me throughout the process.

Archana Gattal mam and Rajashree Kapure mam's insights have always been enlightening and a point for curiosity. Archana mam also encouraged me to participate in a workshop 'Advance Qualitative Research Methods' by Swasti Vishwa Institute.

It was a nice opportunity to be a part of firsthand group learning experience and expand my knowledge about qualitative research.

The knowledge acquired through college years has also helped while being a part of a research project!

The teachings of both of my professors was really helpful and will also be applicable for further avenues.

H.R. Kulkarni

Harshada Kulkarni  
Lecturer

H.P.T. Arts & R.U.K. Science college

The research methodology course in my third year at HPT - RYK college gave me a solid overview of research concepts and methods.

It sparked my curiosity and helped me understand the basics of research design and analysis.

The early exposure proved valuable during my PhD Coursework, where I could build on that foundation.

The course also inspired me to pursue research as a long-term career path. Especially Kapure ma'am's lectures on research methodology have helped me a lot, and I also got a lifelong mentor in those lectures.

Mallik

Malhar P. Deshmukh  
Research Scholar,  
DIT (TSM) Nashik

The Department of Psychology at HPT Arts & RYK Science College, Nashik was a game changer for me, transforming me from an average Marathi medium student into a university rank holder with the guidance of Dr. Rajashree Kapure's empathy, Dr. Tanmay Joshi's teaching, and professors like Mrs. Archana Achaliya, Ms. Reena Rai, and Ms. Manali Jadhav. I gained strong conceptual, clinical, and research skills. Their support helped me present and win first prize at a national conference, shaping my academic and career success.

Dr. Rajashree Kapure ma'am played a pivotal role in shaping my research career through her immense understanding and empathetic attitude, which created a supportive environment for my academic growth. Her strong research aptitude inspired and guided me to pursue research with confidence.

Dr. Tanmay Joshi, sir's effective teaching methods and expertise in therapeutic approaches further strengthened my research foundation, helping me develop critical thinking and analytical skills essential for success in the field. Together their mentorship was instrumental in my transformation into a successful psychologist.

The college experience transformed me by providing a nurturing and motivating environment. My ma'am's personalized mentorship, along with strong foundational teaching from other faculty members, helped me overcome stage fear, develop research skills, and gain a deep understanding of psychology, ultimately enabling me to achieve university topper status.

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**Ms Anagha Naik**  
**(NET, Working in IBPS)**

I completed my Graduation and Post graduation in Psychology from this college during 2013-2018. The Professors would consider both practical and theoretical aspects while teaching. We used to have various departmental festivals throughout the year, in which all students would participate.

We also had a very resourceful library, with books of all sorts. The department with its involved faculty, the college with its great cultural heritage really helped me grow in those 5 years.

## Future plans of the department

- Research based training course for UG & PG students ( 2 credits).
- Psychometric testing linkages with National Agencies.
- Diploma in Counselling ( Non psychology aspirants).

*Thank You for patient listening !!*